



MINISTRY OF EDUCATION, SINGAPORE  
in collaboration with  
CAMBRIDGE ASSESSMENT INTERNATIONAL EDUCATION  
General Certificate of Education Normal (Technical) Level



## NUTRITION AND FOOD SCIENCE

**5979/02**

Paper 2 Coursework

**For examination from 2023**

SPECIMEN PAPER

No Additional Materials are required.

**To be given to candidates at the beginning of the examination year.**

### READ THESE INSTRUCTIONS FIRST

The work presented for assessment is to be entirely that of the candidate under normal guidance of the teacher.

Candidates should be familiar with the scheme of assessment as detailed in the syllabus at the onset of the project. The 'Assessment Criteria for Paper 2: Coursework' in the syllabus should also be used to inform candidates of the various requirements for assessment of the work.

This document consists of **2** printed pages.



Singapore Examinations and Assessment Board



Cambridge Assessment  
International Education

### Coursework Task

Active teenagers need a good supply of protein in their diet. Plan and prepare a range of interesting dishes with a good supply of protein that would appeal to active teenagers. You should include a pastry dish in your choice.

Exploration: Vary one of your dishes to explore the sensory qualities. The dish should be varied **three** times.

---

Permission to reproduce items where third-party owned material protected by copyright is included has been sought and cleared where possible. Every reasonable effort has been made by the publisher (UCLES) to trace copyright holders, but if any items requiring clearance have unwittingly been included, the publisher will be pleased to make amends at the earliest possible opportunity.

Cambridge Assessment International Education is part of the Cambridge Assessment Group. Cambridge Assessment is the brand name of the University of Cambridge Local Examinations Syndicate (UCLES), which itself is a department of the University of Cambridge.